

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022

## Assisted Living Activities Calendar

<p>10-All Worship Service 1-Bills vs. Falcons 3:30-Trivia (In Fairfax) 4-Trivia (In Eden) 6-Movie Night</p>	<p>2 10-New Year Greeting Cards and Resolutions 2-Chair Exercise w/ Karen 3:30-Card Games 6:30-Bingo</p>	<p>3 10-Review of the Decades-the 40's <b>2-Music with Brian Beaudry</b> 3:30-Coloring Contest 6:30-Board Games</p>	<p>4 10:30-Catholic Mass (TV in PD) 11-Colorful Snowflake Craft 2-Drum Cardio 3:30-Categories 6:30-Game Night</p>	<p>5 10-Nail Spa <b>2-Performance by Sujeet</b> 3:30-Anagrams and Word Games 6-Yoga w/ Guru Taran</p>	<p>6 10-Homemade Bookmarks 2-Ice Cream Social 3:30-Trivia <b>6-Concert w/Cathy Carr</b></p>	<p>7 10-Morning Movement 11-Donuts and Coffee 3:30-Word Search 6:30-Movie Night <small>(All Activities in Individual Houses)</small> <small>New Year's Day</small></p>	<p>8 10-Morning Movement 11-Pastries and Coffee Social 2-Bingo 3:30-A-Z Game 6:30-Movie Night</p>
<p>10-All Worship Service 1-Bills vs. Jets 3:30-Jenga 6:30-Jeopardy</p>	<p>9 10-Colorful Sewing 2-Chair Exercise w/ Karen 3:30-Nine Letter Squares <b>6-Music with Pianist Jimmy</b></p>	<p>10 10-Review of the Decades-the 50's 2-Drum Cardio 3:30-Anagrams &amp; Word Games 6:30-Bingo</p>	<p>11 10-Making Magnets 11:30-Outing for St. Gregory's Mass <b>2-Singing Duo Will &amp; Debby</b> 3:30-Coloring Contest 6:30-Game Night</p>	<p>12 10-Nail Spa 2-Happy Hour 3:30-Flash Quiz &amp; Trivia 6-Yoga w/ Guru Taran</p>	<p>13 10-Get Messy w/ Slime! <b>2-Concert by David Stockton</b> 3:30-Ice Cream Social 6:30-Comedy Night</p>	<p>14 10-Morning Movement 11-Pastries and Coffee Social 2-Bingo 3:30-Duo's Quiz 6:30-Movie Night</p>	<p>15 10-Morning Movement 11-Donuts and Coffee Social 2-Bingo 3:30-Duo's Quiz 6:30-Movie Night</p>
<p>10-All Worship Service 2-Family Feud 3:30-Anagrams and Word Games 6:30 -Musical and Refreshments</p>	<p>16 10-Resident Council 2-Chair Exercise w/ Karen 3:30-A-Z Game 6:30-Bingo <small>Martin Luther King Jr. Day</small></p>	<p>17 10-Review of the Decades-the 60's <b>2-Concert with Johnny Dee</b> 3:30-Jenga 6:30-Flash Quiz &amp; Trivia</p>	<p>18 10-Yarn Painting 11:30-Trip to St. Gregory's Mass <b>2-Music by Vintage Wine</b> 3:30-Duo's Quiz 6:30-Game Night</p>	<p>19 10-Nail Spa <b>2-Performance by Andy Bielak</b> 3:30-Charades 6-Yoga w/ Guru Taran</p>	<p>20 10-Helpful Glasses Hanger Craft <b>2-Jam w/ Rockin Robin</b> 3:30-Ice Cream Social 6:30-Card Games</p>	<p>21 10-Morning Movement 11-Donuts and Coffee Social 2-Bingo 3:30-Uho 6:30-Movie Night</p>	<p>22 10-Morning Movement 11-Donuts and Coffee Social 2-Bingo 3:30-Uho 6:30-Movie Night</p>
<p>10-All Worship Service <b>2-Music by Gary O'Boyle</b> 3:30-Snowflake Craft 6:30-Hollywood Squares <small>Activity Professionals Week</small></p>	<p>23 10-Bracelet Making 2-Chair Exercise w/ Karen 3:30-Nine Letter Squares 6:30-Card Games</p>	<p>24 10-Review of the Decades-the 70's 2-Drum Cardio 3-Birthday Party 6:30-Bingo</p>	<p>25 10-Popsicle Stick Weaving 11-Outing to Memory Cafe <b>2-Music by Vintage Wine</b> 6:30-Game Night <small>Australia Day (observed)</small></p>	<p>26 10-Nail Spa 2-Happy Hour 3:30-Word Games 6-Yoga w/ Guru Taran</p>	<p>27 10-Making Mini Pizzas <b>2-Black and Blue Trio</b> 3:30-Ice Cream Social 6:30-Comedy Night</p>	<p>28 10-Exercise 11-Pastries and Coffee Special 2-Bingo 3:30-Card Games <b>6-Concert w/ Cathy Carr</b></p>	<p>29 10-Exercise 11-Pastries and Coffee Special 2-Bingo 3:30-Card Games <b>6-Concert w/ Cathy Carr</b></p>

All activities will take place in the Community Center unless indicated otherwise.

Please check the daily board Activities are subject to change



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022



## Oxford and Langley Activities Calendar

 <h1>January 2022</h1>  <h2>Oxford and Langley Activities Calendar</h2>							10-Hydration Pass 1 10:30-Morning Stretch 2-Bingo 3:30-Coloring 6:30-Movie Night <small>New Year's Day</small>
10-Mass 10:30-Hymn Sing 11-Coffee and Pastry Social 1-Bills vs. Falcons 3:30-Folding Corner 6-Movie Night	2 10-Make Some Noise! 2-Chair Exercise w/ Karen 3:30-The Memory Game 6:30-Bingo	3 10-Nail Care and Aromatherapy <b>2-Music w/ Brian Beaudry</b> 3:30-Word Search 6-Quiz Night	4 10:30-Mass/Rosary 11-Circle Kickball 2-Sing-A-Long 3:30-Felt Concentration Game 6:30-Bingo	5 10-Exercise Ball 2-Performance by Sujeet 3:30-The Memory Game 6-Yoga w/ Guru Taran	6 10-Cotton Ball Painting 2-Felt Concentration Game 3:30-Popsicle Sticks <b>6-Jammin w/ Cathy Carr</b>	7 10-Hydration Pass 8 10:30-Morning Stretch 11-Memory Game 2-Sensory Station 3:30-Spelling Bee 6:30-Bingo	
10-Mass 10:30-Hymn Sing 11-Coffee and Donut Social 1-Bills vs. Jets 3:30-Picture Cards 6-Puzzles	9 10-Make Some Noise! 2-Chair Exercise w/ Karen 3:30-New Year's Trivia <b>6-Music w/ Pianist Jimmy Burger</b>	10 10-Nail Care 2-Afternoon Exercise 3:30-Finish the Phrase 6:30-Sensory Station	11 10:30-Mass/Rosary 11-Circle Kickball <b>2-Jam w/ Rockin Robin</b> 3:30-Popsicle Sticks 6:30-Bingo	12 10-Pop the Cork 2-Happy Hour 3:30-Winter Coloring and Talk 6-Yoga w/ Guru Taran	13 10-Zumba w/ Dawn <b>2-Concert by David Stockton</b> 3:30-Popsicle Sticks 6:30-Relax and Reminisce	14 10-Hydration Pass 15 10:30-Morning Stretch 2-Sensory Station 3:30-Puzzles and Card Games 6:30-Bingo	
10-Mass 10:30-Hymn Sing 11-Coffee and Pastry Social 2-Board Games 3:30-Folding Corner 6-Movie Night	16 10-Make Some Noise! 2-Chair Exercise w/ Karen 3:30-Card Games 6:30-Bingo	17 10-Nail Care and Aromatherapy <b>2-Concert w/ Johnny Dee</b> 3:30-Sensory Station 6:30-Puzzles	18 10:30-Mass/Rosary 11-Hydration Pass <b>2-Music by Vintage Wine</b> 3:30-Things that Go Together Quiz 6:30-Bingo	19 10-Tissue Paper Tree <b>2-Performance by Andy Bielak</b> 3:30-Knot Tying Game 6-Yoga w/ Guru Taran	20 10-Wine Cork Painting <b>2-Jam w/ Rockin Robin</b> 3:30-Picture Cards 6:30-Aromatherapy and Relaxation	21 10-Hydration Pass 22 10:30-Morning Stretch 11- Memory Game 2-Sensory Station 3:30-Coloring 6:30-Bingo	
10-Mass 10:30-Hymn Sing 11-Coffee & Donuts <b>2-Music by Gary O'Boyle</b> 3:30-Picture Cards 6-Puzzles <small>Activity Professionals Week</small>	23 10-Make Some Noise! 2-Chair Exercise w/ Karen 3:30-The Memory Game 6:30-Bingo	24 10-Nail Spa 2-Edible Marshmallow Play Dough 3:30-Things that go Together Quiz 6:30-Puzzles	25 10:30-Mass/Rosary 11-Circle Kickball <b>2-Music by Vintage Wine</b> 3:30-Popsicle Sticks 6:30-Bingo <small>Australia Day (observed)</small>	26 10-Things That Go Together Quiz 2-Happy Hour 3:30-Button Flowers 6-Yoga w/ Guru Taran	27 10-Zumba w/ Dawn <b>2-Black and Blue Trio</b> 3:30-Picture Cards 6:30-Aromatherapy and Relaxation	28 10-Morning Stretch 11-Sensory Station 2-Bingo 3:30-Coloring and Conversation <b>6-Jammin w/ Cathy Carr</b>	
10-Mass 10:30-Hymn Sing 11-Coffee and Pastry Social 3:30-Knot Tying Game 6-Movie Night	30 10-Make Some Noise! 2-Chair Exercise w/ Karen 3:30-Card Games 6:30-Bingo						