

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <h1 style="color: red; font-family: cursive;">July 2022</h1> <h2 style="font-weight: bold;">Assisted Living Calendar</h2>						10:30-Scrap Book Club 2-Concert w/ David Stockton 3:30-Ice Cream Social 6:30-Cards Club <small>Canada Day</small>	10:30-Coffee Cart 2-Music w/ Black 'n' Blue Trio 3:30-Sing Along 6:30-Bingo
10:30-All Worship Service 2-Drum Cardio 3:30-Hydration Station 6:30-Movie Night	3 10:30-Patriotic Wind Catcher 2-4 th of July Celebration 3:30-Star Spangled Sing Along 6:30-Bingo <small>Independence Day (US)</small>	4 10:30-Bible Study 2-Performance by 23 Skidoo 3:30-Refreshments and Relaxation 6:30-Board Games	5 10:30-Walking Club or Morning Stretch 11:30-Mass at St. Gregory's Church 2-Bingo 3:30-Snack Pass 6-Concert by Frank Sinatra Songs	6 10:30-Nail Spa 2-Performance by Judd Sunshine 3:30-Happy Hour 6-Yoga w/ Guru Taran	7 10:30-Scrap Book Club 2-Ice Cream Social 3:30-Riddles and Trivia 6:30-Cards Club	8 10:30-Coffee Cart 2-Golf League 3:30-Reminisce w/ Music from the 60s' 6:30-Bingo	
10:30-All Worship Service 2-Drum Cardio 3:30-Hydration Station 6:30-Movie Night	10 10:30-Painted Rock Picture Holder 12-Men's Club 1:30-Chair Exercise w/ Karen 3-Hydration Station 6:30-Bingo	11 10:30-Bible Study 2-Music w/ Brian Beaudry 3:30-Refreshments and Relaxation 6:30-Board Games	12 10:30-Walking Club or Morning Stretch 11:30-Trip to Platter's Chocolate & Lunch 2-Music by Kanikapila Ukulele Band 3:30-Snack Pass 6:30-Bingo	13 10:30-Nail Spa 2-Happy Hour 3:30-Riddles and Trivia 6-Yoga w/ Guru Taran	14 10:30-Scrap Book Club 1-Fairfax & Hampton BBQ w/ Music by Rockin' Robin 3:30-Eden/Ashford: Refreshment Pass 6:30-Cards Club	15 10:30-Coffee Cart 2-Golf League 3:30-Reminisce w/ Music from the 70s' 6:30-Bingo	
10:30-All Worship Service 2-Drum Cardio 3:30-Hydration Station 6:30-Movie Night	17 10:30-DIY Watermelon Coasters 12-Ladies' Tea 1:30-Chair Exercise w/ Karen 3-Hydration Station 6:30-Bingo	18 10:30-Resident Council 2-Concert w/ Sentimental Journey 3:30-Refreshments and Relaxation 6:30-Board Games	19 10:30-Walking Club or Morning Stretch 2-Crafts w/ Nicole 3:30-Snack Pass 6:30-Bingo	20 10:30-Nail Spa 2-Concert w/ Sujeet 3:30-Happy Hour 6-Yoga w/ Guru Taran	21 10:30-Scrap Book Club 2-Performance by Jay Coakley 3:30-Ice Cream Social 6:30-Cards Club	22 10:30-Coffee Cart 2-Bingo 3:30-Relax & Reminisce 6:30-Concert w/ Kathy Carr	
10:30-All Worship Service 2-Drum Cardio 3:30-Hydration Station 6:30-Movie Night	24 10:30-Q-Tip Flower Painting 12-Men's Club 1:30-Chair Exercise w/ Karen 3-Hydration Station 6:30-Bingo	25 10:30-Bible Study 2-Board Games 3:30-Refreshments and Relaxation 6-Performance by Mike Kornrich	26 10:30-Walking Club or Morning Stretch 11-Trip to Botanical Gardens 2-Music by Vintage Wine 3:30-Snack Pass 6:30-Bingo	27 10:30-Nail Spa 2-Create w/ Fine Art Miracles 3:30-Happy Hour 6-Yoga w/ Guru Taran	28 10:30-Scrap Book Club 1-Eden & Ashford BBQ w/ Music by Black 'n' Blue Trio 3:30-Fairfax/Hampton: Refreshment Pass 6:30-Cards Club	29 10:30-Coffee Cart 2-Golf League 3:30-Reminisce w/ Music from the 80s' 6:30-Bingo	
10:30-All Worship Service 2-Drum Cardio 3:30-Hydration Station 6:30-Movie Night	 <p style="text-align: center;"> Activities are subject to change. Check Daily Activity Boards for updates. All Activities will take place in the Community Center, unless notified otherwise. </p>						

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2022

Oxford Langley Calendar

						<p>10:30-Zumba w/ Dawn 2-Concert w/ David Stockton 3:30-Ice Cream Social 6:30-Puzzles</p> <p style="text-align: center;"><small>Canada Day</small></p>		<p>10:30-Coffee Cart 2-Music w/ Black 'n' Blue Trio 3:30-Refresh and Relax 6:30-Travelogue</p>	
<p>10:30-All Worship Service 2-Bowling 3:30-Refresh & Relax 6:30-Cards Club</p>	<p>3 10:30-Paper Plate Flag Decoration 2-Fourth of July Celebration 3:30-Star Spangled Sing Along 6:30-Jenga</p> <p style="text-align: center;"><small>Independence Day (US)</small></p>	<p>10:30-Literature w/ Liz 2-Performance by 23 Skidoo 3:30-Refresh and Relax 6:30-Sensory Station</p>	<p>10:30-Walking Club or Morning Stretch 2-Texture Balloons 3:30-Snack Pass 6-Concert by Frank Sinatra Songs</p>	<p>10:30-Nail Care & Aromatherapy 2-Performance by Judd Sunshine 3:30-Happy Hour 6-Yoga w/ Guru Taran</p>	<p>10:30-Bean Mosaic Art 2-Ice Cream Social 3:30-Relax & Reminisce 6:30-Puzzles</p>	<p>10:30-Coffee Cart 2-Sensory Station 3:30-Snack & Chat 6:30- "The Lawrence Welk Show!"</p>			
<p>10:30-All Worship Service 2-Kan Jam 3:30-Refresh & Relax 6:30-Cards Club</p>	<p>10 10:30-Pull String Painting 1:30-Chair Exercise w/ Karen 3-Hydration Station 6:30-Word Search</p>	<p>10:30-Literature w/ Liz 2-Music w/ Brian Beaudry 3:30-Refresh and Relax 6:30-Sensory Station</p>	<p>10:30-Walking Club or Morning Stretch 2-Performance by Kanikapila Ukulele Band 3:30-Snack Pass 6:30-Travelogue</p>	<p>10:30-Nail Care & Aromatherapy 2-Happy Hour 3:30-Riddles and Trivia 6-Yoga w/ Guru Taran</p>	<p>10-Zumba w/ Dawn 2-Ice Cream Social 3:30-Relax & Reminisce 6:30-Puzzles</p>	<p>10:30-Coffee Cart 2-Sensory Station 3:30-Snack & Chat 6:30- "The Lawrence Welk Show!"</p>			
<p>10:30-All Worship Service 2-Pool Noodle Chair Hockey 3:30-Refresh & Relax 6:30-Cards Club</p>	<p>17 10:30-Picture Framing 1:30-Chair Exercise w/ Karen 3-Hydration Station 6:30-Memory Game</p>	<p>10:30-Literature w/ Liz 2-Concert w/ Sentimental Journey 3:30-Refresh and Relax 6:30-Sensory Station</p>	<p>10:30-Walking Club or Morning Stretch 11:30-Scenic Drive and Lunch 2-Crafts w/ Nicole 3:30-Snack Pass 6:30-Travelogue</p>	<p>10:30-Nail Care & Aromatherapy 2-Concert w/ Sujeet 3:30-Happy Hour 6-Yoga w/ Guru Taran</p>	<p>10:30-Ice Pop Summer Décor 2-Performance by Jay Coakley 3:30-Ice Cream Social 6:30-Puzzles</p>	<p>10:30-Coffee Cart 2-Sensory Station 3:30-Snack & Chat 6:30-Concert w/ Kathy Carr</p>			
<p>10:30-All Worship Service 2-Parachute Ball Toss 3:30-Refresh & Relax 6:30-Cards Club</p>	<p>24 10:30-Watermelon Paper Plate Fans 1:30-Chair Exercise w/ Karen 3-Hydration Station 6:30-Seek & Finds</p>	<p>10:30-Literature w/ Liz 2-Texture Balloons 3:30-Refresh and Relax 6-Performance by Mike Kornrich</p>	<p>10:30-Walking Club or Morning Stretch 2-Music by Vintage Wine 3:30-Snack Pass 6:30-Travelogue</p>	<p>10:30-Nail Care & Aromatherapy 2-Create w/ Fine Art Miracles 3:30-Happy Hour 6-Yoga w/ Guru Taran</p>	<p>10-Zumba w/ Dawn 2-Ice Cream Social 3:30-Relax & Reminisce 6:30-Puzzles</p>	<p>10:30-Coffee Cart 2-Sensory Station 3:30-Snack & Chat 6:30- "The Lawrence Welk Show!"</p>			
<p>10:30-All Worship Service 2-Mini Golf 3:30-Refresh & Relax 6:30-Cards Club</p>	<p>31</p>	<p>Activities are subject to change.</p> <p>Please check daily activity boards for any changes.</p>							