


# January 2023

## Assisted Living Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Madison Marsala</b>                      Activities Coordinator boards in house dining rooms                      (716) 632-9496 daily.                      Activities are subject to change. Please check activity</p>			<p><b>Room Abbreviations</b>                      CC—Community Center                      H—Hampton</p> <p>House                      F—Fairfax                      A—Ashford</p>		<p><b>Resident Birthdays</b>                      1/2—Josephine N.                      1/10—Stephen W.                      1/17—Beverly C.                      1/19—Barbara S.</p>	
<p>1 10-Mass &amp; Communion (CC)                      11-Protestant Service (CC)                      2-Golf League (CC)                      3:30-Hydration Pass (All Houses)                      6-Movie Night: When Harry Met Sally (CC)</p>	<p>2 10:30-Chair Exercise w/ Karen (CC)                      2-Snowman Luminary Mason Jar (CC)                      3:30-Snack &amp; Chat (CC)                      6:30-Bingo (CC)</p>	<p>3 10:30-Morning Weekly News (F)  <b>2-Music w/ Michael Horning (CC)</b>                      3-Trivia Hour (CC)                      6:30-Board Games (CC)</p>	<p>4 10:30-Morning Puzzles &amp; Coffee (CC)                      11:15-Lunch &amp; Outing at Cracker Barrel (Meet in CC)  <b>2-Concert w/ David Stockton (CC)</b>                      3-Hot Chocolate Social (CC)                      6:30-Bingo (CC)</p>	<p>5 10:30-Nail Spa (CC)  <b>2-Performance by Tom Bender (CC)</b>                      3-Happy Hour (CC)                      6-Yoga w/ Guru Taran (CC)</p>	<p>6 10:30-Baking Club: Snickerdoodle Cookies (F)                      2-The Price Was Right: 1960's (CC)                      3-Ice Cream Social (CC)                      6:30-Cards Club (CC)</p>	<p>7 10:30-Coffee Cart (Pass to All Houses)  <b>2-Music w/ Gary O'Boyle (CC)</b>                      3:30-Refreshment Pass (All Houses)                      6:30-Bingo (CC)</p>
<p>8 10-Mass &amp; Communion (CC)                      11-Protestant Service (CC)                      2-Drum Cardio (CC)                      3:30-Hydration Pass (All Houses)                      6-Movie Night: Notting Hill (CC)</p>	<p>9 10:30-Chair Exercise w/ Karen (CC)  <b>2-Performance by 23 Skidoo (CC)</b>                      3-Snack &amp; Chat (CC)                      6:30-Bingo (CC)</p>	<p>10 10:30-Morning Weekly News (F)  <b>2-Concert w/ Rockin' Robin (CC)</b>                      3-Trivia Hour (CC)                      6:30-Board Games (CC)</p>	<p>11 10:30-Morning Puzzles &amp; Coffee (CC)                      11:15 Mass at St. Gregory's Church &amp; Lunch (Meet in CC)  <b>2-Music w/ Johnny Dee (CC)</b>                      3-Hot Chocolate Social (CC)                      6:30-Bingo (CC)</p>	<p>12 10:30-Nail Spa (CC)  <b>2-Music w/ Cindy Sue &amp; Brian (CC)</b>                      3-Happy Hour (CC)                      6-Yoga w/ Guru Taran (CC)</p>	<p>13 10:30-Baking Club Lemon Bars (F)  <b>2-Performance by Sujeet (CC)</b>                      3-Ice Cream Social (CC)                      6:30-Cards Club (CC)</p>	<p>14 10:30-Coffee Cart (Pass to All Houses)                      2-Balloon Swat (CC)                      3:30-Refreshment Pass (All Houses)                      6:30-Bingo (CC)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 10-Mass & Communion (CC) 11-Protestant Service (CC) 2-Golf League (CC) 3:30-Hydration Pass (All Houses) 6-Movie Night: Les Misérables (CC)	16 10:30-Chair Exercise w/ Karen (CC) 12-Men's Club (CC) <b>2:30-Concert w/ Black 'n' Blue Trio (CC)</b> 3:30-Snack & Chat (CC) 6:30-Bingo (CC)	17 10:30-Resident Council (CC) <b>2-Performance by Vintage Wine (CC)</b> 3-Trivia Hour (CC) 6:30-Board Games (CC)	18 10:30-Morning Puzzles & Coffee (CC) <b>2-Music w/ Judd Sunshine (CC)</b> 3-Hot Chocolate Social (CC) 6:30-Bingo (CC)	19 10:30-Nail Spa (CC) <b>2- Concert w/ Davey O (CC)</b> 3-Happy Hour (CC) 6-Yoga w/ Guru Taran (CC)	20 10:30-Baking Club: French Beignets (F) <b>2-Performance by Kathy Calderella (CC)</b> 3-Ice Cream Social (CC) 6:30-Cards Club (CC)	21 10:30-Coffee Cart (Pass to All Houses) 2-Balloon Swat (CC) 3-Refreshment Pass (All Houses) 6:30-Bingo (CC)
22 10-Mass & Communion (CC) 11-Protestant Service (CC) 2-Drum Cardio (CC) 3:30-Hydration Pass (All Houses) 6-Movie Night: Glass Onion: A Knives Out Mystery (CC)	23 10:30-Chair Exercise w/. Karen (CC) 2-Ladies' Tea (CC) 3-Indoor Snowball Battle (CC) 6:30-Bingo (CC)	24 10:30-Morning Weekly News (F) <b>2-Concert w/ Michael Hund (CC)</b> 3-Trivia Hour (CC) 6:30-Board Games (CC)	25 10:30-Morning Puzzles & Coffee (CC) 11:15-Lunch at Pearl Street Brewery (Meet in CC) <b>2-Chair Fitness w/ Janis (CC)</b> 3-Hot Chocolate Social (CC) 6:30-Bingo (CC)	26 10:30-Nail Spa (CC) <b>2-Music w/ Ramundo (CC)</b> 3-Happy Hour (CC) 6-Yoga w/ Guru Taran (CC)	27 10:30-Baking Club: Cosmic Brownies (F) 2-You Be the Judge! (CC) 3-Ice Cream Social (CC) 6:30-Cards Club (CC)	28 10:30-Coffee Cart (Pass to All Houses) 2-Crafts w/ Nicole (CC) 3-Refreshemtn Pass (All Houses) 6:30-Bingo (CC)
29 10-Mass & Communion (CC) 11-Protestant Service (CC) 2-Golf League (CC) 3:30-Hydration Pass (All Houses) 6-Movie Night: Murder Mystery (CC)	30 10:30-Chair Exercise w/ Karen (CC) 2-DIY Snowflake Clings (CC) 3-Snack & Chat (CC) 6:30-Bingo (CC)	31 10:30-Library Cart (Pass to All Houses) <b>2-Concert w/ Brian Beaudry (CC)</b> 3-Tea Trivia Toss (CC) 6:30-Board Games (CC)	 <p><i>Happy New Year</i> <b>2023</b></p>			

# January 2023

## Oxford & Langley Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Madison Marsala</b>      ity boards in house dining Activities Coordinator      rooms daily. (716) 632-9496      All activities will be con- ducted by Activity Assis- tants, unless noted other- wise.</p>		<p><b>Room Abbreviations</b> CC—Community Center L—Langley House O—Oxford House</p>		<p><b>January Resident Birthdays</b> 1/2—Josephine N. 1/10—Stephen W. 1/17—Beverly C.</p>		
<p>1 10:30-Mass &amp; Communion (L) 11-Protestant Service (L) 2-Golf League (CC) 3:30-Hydration Pass (All Houses) 6:30-Cards Club(L)</p>	<p>2 10:30-Chair Exercise w/ Karen (CC) 2-Winter Mitten Craft (L) 3-Discuss &amp; Recall (L) 6:30-Geo Puzzles (L)</p>	<p>3 10:30-Morning Weekly News (L) <b>2-Music w/ Michael Horning (CC)</b> 3-Folding Corner (L) 6:30-Board Games (L)</p>	<p>4 10:30-Morning Coffee Pass (O &amp; L) <b>2-Concert w/ David Stockton (CC)</b> 3-Hot Chocolate Social (O &amp; L) 6:30-Relax &amp; Color (L)</p>	<p>5 10:30-Nail care &amp; Aromatherapy (L) <b>2-Performace by Tom Bender (CC)</b> 3-Happy Hour (O &amp; L) 6-Yoga w/ Guru Taran (CC)</p>	<p>6 10:30-Zumba w/ Dawn (L) 2-Snowflake Salt Art (L) 3-Ice Cream Social (O &amp; L) 6:30-Puzzles (L)</p>	<p>7 10:30-Coffee Cart (Pass to All Houses) <b>2-Music w/ Gary O'Boyle (CC)</b> 3:30-Refreshment Pass (All Houses) 6:30-Movie Night: White Christmas (L)</p>
<p>8 10-Mass Communion (L) 11-Protestant Service (L) 2-Drum Cardio (CC) 3:30-Hydration Pass (All Houses) 6:30-Cards Club (L)</p>	<p>9 10:30-Chair Exercise w/ Karen (CC) <b>2-Performance by 23 Skiddo (CC)</b> 3-Discuss &amp; Recall (L) 6:30-Texture Balloons (L)</p>	<p>10 10:30-Morning Weekly News (L) <b>2-Concert w/ Rockin' Robin (CC)</b> 3-Folding Corner (L) 6:30-Board Games (CC)</p>	<p>11 10:30-Morning Coffee Pass (O &amp; L) <b>2-Music w/ Johnny Dee (CC)</b> 3-Hot Chocolate Social (O &amp; L) 6:30-Relax &amp; Color (L)</p>	<p>12 10:30-Nail Care &amp; Aromatherapy (L) <b>2-Music w/ Cindy Sue &amp; Brian (CC)</b> 3-Happy Hour (O &amp; L) 6-Yoga w/ Guru Taran (CC)</p>	<p>13 10:30-Baking Club: Cereal Crispy Treats (L) <b>2-Performance by Sujeet (CC)</b> 3-Ice Cream Social (O &amp; L) 6:30-Puzzles (L)</p>	<p>14 10:30-Coffee Cart (Pass to All Houses) 2-Bowling (L) 3:30-Refreshment Pass (All Houses) 6:30-Movie Night: (L)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15 10-Mass &amp; Communion (L)</p> <p>11-Protestant Service (L)</p> <p>2-Golf League (CC)</p> <p>3:30-Hydration Pass (All Houses)</p> <p>6:30-Cards Club (L)</p>	<p>16 10:30-Chair Exercise w/ Karen (CC)</p> <p>12-Men's Club (CC)</p> <p><b>2:30-Concert w/ Black 'n' Blue Trio (CC)</b></p> <p>3:30-Discuss &amp; Recall (L)</p> <p>6:30-Playing Card Puzzles (L)</p>	<p>17 10:30-Morning Weekly News (L)</p> <p><b>2-Performance by Vintage Wine (CC)</b></p> <p>3-Folding Corner (L)</p> <p>6:30-Board Games (L)</p>	<p>18 10:30-Morning Coffee Pass (O &amp; L)</p> <p>11:15-Scenic Drive &amp; Lunch (Meet in CC)</p> <p><b>2-Music w/ Judd Sunshine (CC)</b></p> <p>3-Hot Chocolate Social (O &amp; L)</p> <p>6:30-Relax &amp; Color (L)</p>	<p>19 10:30-Nail Care &amp; Aromatherapy (L)</p> <p><b>2-Concert w/ Davey O (CC)</b></p> <p>3-Happy Hour (O &amp; L)</p> <p>6-Yoga w/ Guru Taran (CC)</p>	<p>20 10:30-Zumba w/ Dawn (L)</p> <p><b>2-Performance by Kathy Caldarella (CC)</b></p> <p>3-Ice Cream Social (O &amp; L)</p> <p>6:30-Puzzles (L)</p>	<p>21 10:30-Coffee Cart (Pass to All Houses)</p> <p>2-Bowling (L)</p> <p>3:30-Refreshment Pass (All Houses)</p> <p>6:30-Movie Night: Les Miserables (L)</p>
<p>22 10-Mass &amp; Communion (L)</p> <p>11-Protestant Service (L)</p> <p>2-Drum Cardio (CC)</p> <p>3:30-Hydration Pass (All Houses)</p>	<p>23 10:30-Chair Exercise w/ Karen (CC)</p> <p>2-Ladies' Tea (CC)</p> <p>3-Snow Shoveling Race (L)</p> <p>6:30-Geo Puzzles (L)</p>	<p>24 10:30-Morning Weekly News (L)</p> <p><b>2-Concert w/ Michael Hund (CC)</b></p> <p>3-Folding Corner (L)</p> <p>6:30-Board Games (L)</p>	<p>25 10:30-Morning Coffee Pass (O &amp; L)</p> <p>2-Chair Fitness w/ Janis (CC)</p> <p>3-Hot Chocolate Social (O &amp; L)</p> <p>6:30-Relax &amp; Color (L)</p>	<p>26 10:30-Nail Care &amp; Aromatherapy (L)</p> <p><b>2-Music w/ Ramundo! (CC)</b></p> <p>3-Happy Hour (O &amp; L)</p> <p>6-Yoga w/ Guru Taran (CC)</p>	<p>27 10:30-Baking Club: Brownies (L)</p> <p>2-Musical Kickball (L)</p> <p>3-Ice Cream Social (O &amp; L)</p> <p>6:30-Puzzles (L)</p>	<p>28 10:30-Coffee Cart (Pass to All Houses)</p> <p>2-Crafts w/ Nicole (CC)</p> <p>3:30-Refreshment Pass (All Houses)</p> <p>6:30-Movie Night: Enola Holmes (L)</p>
<p>29 10-Mass &amp; Communion (L)</p> <p>11-Protestant Service (L)</p> <p>2-Golf League (CC)</p> <p>3:30-Hydration Pass (All Houses)</p> <p>6:30-Cards Club (L)</p>	<p>30 10:30-Chair Exercise w/ Karen (CC)</p> <p>2-Hot Cocoa Mug Craft (L)</p> <p>3-Discuss &amp; Recall (L)</p> <p>6:30-Lacing Cards (L)</p>	<p>31 10:30-Morning Weekly News (L)</p> <p><b>2-Convert w/ Brian Beaudry (CC)</b></p> <p>3-Folding Corner (L)</p> <p>6:30-Board Games (L)</p>				