



SEPTEMBER 2020



Oxford & Langley Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	14	15	16	17	18	19
9:30 Morning Walk 10:00 Mass & Prayers 11:00 Hydration Pass & Daily Chronicle 1:30 Afternoon Stretch! 2:00 Grandparents Day Celebration! 3:00 Trivia & Snack 4:00 Chit Chat 6:15 Sing-a-long 7:00 Aromatherapy Turn Down	9:30 Morning Walk 10:00 Morning Refresh & Daily Chronicle 10:30 Stress & Pain Relief Stretch 1:30 Music Making 2:00 White Board Games 3:00 Bounce Off! 4:00 Aromatherapy 6:15 Reminisce 7:00 Hand Massage and Self Care	9:30 Morning Walk 10:00 Catholic Rosary & Hydration Pass 10:30 Music and Manicures 1:30 Hair & Makeup 2:00 Sand Mandalas 3:00 Pokeno! 4:00 Aromatherapy 6:15 Stretching & Breathing 7:00 Evening Music	9:30 Morning Walk 10:00 Morning Refresh & Daily Chronicle 10:30 Daily Chronicle and Chit Chat 1:30 Scarf Dancing 2:00 Pumpkin Spice Coffee & Coloring! 3:00 Bingo! 4:00 Aromatherapy 6:15 Puzzles 7:00 Hand Massage and Self Care	9:30 Morning Walk 10:00 Mass & Prayers 10:30 Daily Chronicle and Exercise 1:30 Happy Hour! 2:00 Trivia 3:00 Sing and Dance! 4:00 Aromatherapy 6:15 Sorting 7:00 Fresh Warm Muffins!	9:30 Morning Walk 10:00 Morning Refresh & Daily Chronicle 10:30 Gerry Costanzo's Donut Stand! 1:30 Ice Cream Social 2:00 Light & Lively Exercise 3:00 Music and Manicures 4:00 Aromatherapy 6:15 Movie Night 7:00 Hand Massage and Self Care	9:30 Morning Walk 10:00 Morning Refresh & Daily Chronicle 10:30 Make Your Own Smoothie! 1:30 Afternoon Stretch 2:00 Cooking with Cade on Youtube! 3:00 Fall Charm Bracelets! 4:00 Aromatherapy 6:15 Watercolors 7:00 Chamomile Tea and Evening Snack

Sun	Mon	Tue	Wed	Thu	Fri	Sat									
<p>Sharon Richards Activity Director <i>716 632 9496</i></p> <p>Activities are subject to change. Please check the daily boards</p>		 <p>S K O O B S T N L E R S I L A B O R D A Y U Q T O S O N E R E O M H Y A L C H A B E L E E O L S E W A C O R N H Z M V D A O P U K Z F T W E A N V L P D E R L V K W E E E L L T S O R R R O S I S E E U O E N A O R Q R O Y S H O F I M S K R F L R C M B A E H U E D O T S E V R A H S K T A R A F A L L N D A E L U B C O N L E R R I U Q S A</p> <p>ACORN APPLES AUTUMN BOOKS</p> <p>BREEZE FALL FRIENDS HARVEST</p> <p>HOMEWORK LABOR DAY LEAVES RAKE</p> <p>RED SCHOOL SQUIRREL YELLOW</p>													
<p>Room Abbreviations:</p> <p>Eden = E Ashford = A Eden & Ashford = E&A Fairfax = F Hampton = H Fairfax & Hampton = F&H Private Dining = PD Community Center = CC Outside Patio = P</p>		<p>6 SUN 10:00 E&A/11:00 F&H Communion Mass: PD 2:00 E&A/3:00 F&H Let the Sun Shine In: A Groovy 60s Sing Along w Brittney: CC 6:00 F&H BINGO: CC 7:00 All Houses: Movie Night: <i>The Quiet Man</i></p>		<p>7 MON 10:00 E&A/11:00 F&H Stress & Pain Relief Stretch: CC 2:00 E&A/3:00 F&H Text Twist: CC 6:00 E&A BINGO: CC 7:00 Prayer Group: CC Labor Day!</p>		<p>8 TUES 10:00 E&A/11:00 F&H Catholic Rosary: PD 2:00 E&A/3:00 F&H Nerf Gun Games 6:00 F&H BINGO: CC 6:00 E&A Theater Group: Eden Living Room 7:00 F&H Theater Group: Hampton Living Room</p>		<p>9 WED 10:00 E&A/11:00 F&H Nail Spa: CC 1:30 E&A/3:00 F&H Scenic Drive 6:00 E&A BINGO: CC 7:00 All Houses: <i>Magic for Humans</i> the TV Show (Living Rooms)</p>		<p>10 THURS 10:00 E&A/11:00 F&H Mass & Prayers: PD 2:00 E&A/3:00 F&H Battle of the Houses Trivia & Happy Hour (Separate Houses Dining Rooms) 6:00 F&H BINGO: CC 7:00 All Houses Living Rooms World Travel: Macedonia & Bulgaria— Pearls of the Balkans</p>		<p>11 FRI 10:00 E&A/11:00 F&H Chair Yoga: CC 2:00 E&A/3:00 F&H Ice Cream Social 6:00 E&A BINGO: CC 7:00 F&H Puzzles in the Living Room National Day of Service & Remembrance of 9/11</p>		<p>12 SAT 10:00 E&A/11:00 F&H Light & Lively: CC 2:00 E&A/3:00 F&H Write Your Pen Pals!: CC 6:00 F&H BINGO: CC 7:00 ALL Houses <i>Sinatra, All or Nothing: Part One</i></p>	

Tennyson Court Assisted Living Schedule of Activities: September 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat								
<p>13 SUN</p> <p>10:00 E&A/11:00 F&H Communion Mass: PD</p> <p>2:00 E&A/3:00 F&H Virtual Storytelling for Grandparents Day!</p> <p>6:00 F&H BINGO: CC</p> <p>7:00 All Houses:</p> <p>Movie Night: <i>Sinatra, All or Nothing:</i> Part Two</p>	<p>14 MON</p> <p>10:00 E&A/11:00 F&H Stress & Pain Relief Stretch: CC</p> <p>2:00 E&A/3:00 F&H Resident Council: CC</p> <p>6:00 E&A BINGO: CC</p> <p>7:00 Prayer Group: CC</p>	<p>15 TUES</p> <p>10:00 E&A/11:00 F&H Catholic Rosary: PD</p> <p>2:00 E&A/3:00 F&H Pokeno: CC</p> <p>6:00 F&H BINGO: CC</p> <p>6:00 E&A Theater Group: Eden Living Room</p> <p>7:00 F&H Theater Group: Hampton Living Room</p>	<p>16 WED</p> <p>10:00 E&A/11:00 F&H Nail Spa: CC</p> <p>2:00 E&A/3:00 F&H Pumpkin Spice Coffee & Coloring! (Separate Dining Rooms)</p> <p>6:00 E&A BINGO: CC</p> <p>7:00 All Houses: <i>Magic for Humans</i> the TV Show (Living Rooms)</p>	<p>17 THURS</p> <p>10:00 E&A/11:00 F&H Mass & Prayers: PD</p> <p>2:00 E&A/3:00 F&H Battle of the Houses Trivia & Happy Hour (Separate Houses Dining Rooms)</p> <p>6:00 F&H BINGO: CC</p> <p>7:00 All Houses Living Rooms World Travel: London</p>	<p>18 FRI</p> <p>10:00 E&A/11:00 F&H Chair Yoga: CC</p> <p>2:00 E&A/3:00 F&H Ice Cream Social</p> <p>6:00 E&A BINGO: CC</p> <p>7:00 F&H BINGO: CC</p>	<p>19 SAT</p> <p>10:00 E&A/11:00 F&H Light & Lively: CC</p> <p>2:00 E&A/3:00 F&H Write Your Pen Pals!: CC</p> <p>6:00 E&A The Last Dance: Episode 1— A Michael Jordan Documentary</p> <p>7:00 F&H The Last Dance: Episode 1</p>								
<p>20 SUN</p> <p>10:00 E&A/11:00 F&H Communion Mass: PD</p> <p>2:00 E&A/3:00 F&H Broadway Sing Along w Brittney: CC</p> <p>6:00 F&H BINGO: CC</p> <p>7:00 All Houses: Movie Night: <i>Singing in the Rain</i></p>	<p>21 MON</p> <p>10:00 E&A/11:00 F&H Stress & Pain Relief Stretch: CC</p> <p>2:00 E&A/3:00 F&H Putt Putt!: CC</p> <p>6:00 E&A BINGO: CC</p> <p>7:00 Prayer Group: CC</p>	<p>22 TUES</p> <p>10:00 E&A/11:00 F&H Catholic Rosary: PD</p> <p>2:00 E&A/3:00 F&H Painting with Chuck!: CC</p> <p>6:00 F&H BINGO: CC</p> <p>6:00 E&A Theater Group: Eden Living Room</p> <p>7:00 F&H Theater Group: Hampton Living Room</p> <p>Autumn Equinox</p>	<p>23 WED</p> <p>10:00 E&A/11:00 F&H Nail Spa: CC</p> <p>1:00 E&A/3:00 F&H Fall Foliage Drive (Sign up @ Front Desk)</p> <p>6:00 E&A BINGO: CC</p> <p>7:00 All Houses: <i>Magic for Humans</i> the TV Show (Living Rooms)</p>	<p>24 THURS</p> <p>10:00 E&A/11:00 F&H Mass & Prayers: PD</p> <p>2:00 E&A/3:00 F&H Battle of the Houses Trivia & Happy Hour (Separate Houses Dining Rooms)</p> <p>6:00 F&H BINGO: CC</p> <p>7:00 All Houses Living Rooms World Travel: France</p>	<p>25 FRI</p> <p>10:00 E&A/11:00 F&H Chair Yoga: CC</p> <p>2:00 E&A/3:00 F&H Ice Cream Social</p> <p>6:00 E&A BINGO: CC</p> <p>7:00 F&H BINGO: CC</p>	<p>26 SAT</p> <p>10:00 E&A/11:00 F&H Light & Lively: CC</p> <p>2:00 E&A/3:00 F&H Write Your Pen Pals!: CC</p> <p>6:00 E&A The Last Dance: Episode 1— A Michael Jordan Documentary</p> <p>7:00 F&H The Last Dance: Episode 1</p>								
<p>27 SUN</p> <p>10:00 E&A/11:00 F&H Communion Mass: PD</p> <p>2:00 E&A/3:00 F&H Popular Crooners Sing Along w Brittney: CC</p> <p>6:00 F&H BINGO: CC</p> <p>7:00 All Houses: Movie Night: <i>Million Dollar Baby</i></p>	<p>28 MON</p> <p>10:00 E&A/11:00 F&H Stress & Pain Relief Stretch: CC</p> <p>2:00 E&A/3:00 F&H Frisbee Toss: CC</p> <p>6:00 E&A BINGO: CC</p> <p>7:00 Prayer Group: CC</p>	<p>29 TUES</p> <p>10:00 E&A/11:00 F&H Catholic Rosary: PD</p> <p>2:00 E&A/3:00 F&H Fishing @ Tennyson!: P (Weather Pending)</p> <p>6:00 F&H BINGO: CC</p> <p>6:00 E&A Theater Group: Eden Living Room</p> <p>7:00 F&H Theater Group: Hampton Living</p>	<p>30 WED</p> <p>10:00 E&A/11:00 F&H Nail Spa: CC</p> <p>2:00 E&A/3:00 F&H National Hot Mulled Cider Day: (Dining Rooms)</p> <p>6:00 E&A BINGO: CC</p> <p>7:00 All Houses: <i>Magic for Humans</i> the TV Show (Living Rooms)</p>	<p><u>Tennyson Court Resident Birthdays!</u></p> <table border="0"> <tr> <td>9/9 Geraldine Costanzo</td> <td>9/17 Floyd Sykes</td> </tr> <tr> <td>9/10 Norma Holland</td> <td>9/22 Mary Ann Mache</td> </tr> <tr> <td>9/14 Gerald LaVea</td> <td>9/27 Charles Wind</td> </tr> <tr> <td>9/16 Rita Kuberka</td> <td></td> </tr> </table>			9/9 Geraldine Costanzo	9/17 Floyd Sykes	9/10 Norma Holland	9/22 Mary Ann Mache	9/14 Gerald LaVea	9/27 Charles Wind	9/16 Rita Kuberka	
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